

	WEEK 1	WEEK 2	WEEK 3	WEEK 4
MONDAY	<p>Tea</p> <p>Crackers, cheese and ham with veg sticks</p>	<p>Tea</p> <p>Ham, cheese and salad wraps</p>	<p>Tea</p> <p>Bread and veg sticks with dips</p>	<p>Tea</p> <p>Crumpets with veg sticks</p>
TUESDAY	<p>Tea</p> <p>Sandwiches</p>	<p>Tea</p> <p>Pasta salad</p>	<p>Tea</p> <p>Pitta pockets, soft cheese ham and salad</p>	<p>Tea</p> <p>Ham, cheese and salad wraps</p>
WEDNESDAY	<p>Tea</p> <p>Beans on toast</p>	<p>Tea</p> <p>Sandwiches</p>	<p>Tea</p> <p>Ham, cheese and salad wraps</p>	<p>Tea</p> <p>Pasta salad</p>
THURSDAY	<p>Tea</p> <p>Ham, cheese and salad wraps</p>	<p>Tea</p> <p>Fruity scones, cheese and veg sticks</p>	<p>Tea</p> <p>Homemade tomato soup and crusty bread</p>	<p>Tea</p> <p>Bread and veg sticks with dips</p>
FRIDAY	<p>Tea</p> <p>Crumpets with veg sticks</p>	<p>Tea</p> <p>Pizza pinwheels</p>	<p>Tea</p> <p>Rice cakes, soft cheese, ham or humous and veg sticks</p>	<p>Tea</p> <p>Sandwiches</p>