

	WEEK 1	WEEK 2	WEEK 3	WEEK 4
MONDAY	<p><b>Main Course</b> Fish pie and veg</p> <p><b>Pudding</b> Cake &amp; custard</p>	<p><b>Main Course</b> Lasagne and veg</p> <p><b>Pudding</b> Jam tarts</p>	<p><b>Main Course</b> Pasta bake with hidden veg and garlic bread</p> <p><b>Pudding</b> Cheese, apple &amp; biscuits</p>	<p><b>Main Course</b> Cottage pie with mixed vegetables</p> <p><b>Pudding</b> Iced buns</p>
TUESDAY	<p><b>Main Course</b> Pork stir fry and noodles</p> <p><b>Pudding</b> Rice pudding</p>	<p><b>Main Course</b> Chicken korma, carrots &amp; peas &amp; basmati rice</p> <p><b>Pudding</b> Cheesecake</p>	<p><b>Main Course</b> Roast chicken dinner</p> <p><b>Pudding</b> Milkshake &amp; cookies</p>	<p><b>Main Course</b> Tuna pasta bake</p> <p><b>Pudding</b> Fresh fruit salad</p>
WEDNESDAY	<p><b>Main Course</b> Chicken and vegetable stew crusty bread and butter</p> <p><b>Pudding</b> Fresh fruit salad</p>	<p><b>Main Course</b> Sausage, mash and baked beans</p> <p><b>Pudding</b> Milk and cookies</p>	<p><b>Main Course</b> Spaghetti bolognese and veg</p> <p><b>Pudding</b> Jam tarts</p>	<p><b>Main Course</b> Chicken fajitas and rice</p> <p><b>Pudding</b> Fruit crumble &amp; custard</p>
THURSDAY	<p><b>Main Course</b> Jacket potatoes, cheese Beans and tuna mayo</p> <p><b>Pudding</b> Cheese, apple &amp; biscuits</p>	<p><b>Main Course</b> Salmon pasta bake &amp; crusty bread</p> <p><b>Pudding</b> Jam &amp; coconut sponge</p>	<p><b>Main Course</b> Fish fingers, mash and baked beans</p> <p><b>Pudding</b> Flapjack</p>	<p><b>Main Course</b> Cowboy casserole and bread</p> <p><b>Pudding</b> Cornflake tart</p>
FRIDAY	<p><b>Main Course</b> Chilli con carne, veg and rice</p> <p><b>Pudding</b> fruity ice cream</p>	<p><b>Main Course</b> Moussaka and veg</p> <p><b>Pudding</b> Fruit jelly</p>	<p><b>Main Course</b> Pork stroganoff and rice</p> <p><b>Pudding</b> Bananas and custard</p>	<p><b>Main Course</b> Turkey meatballs and pasta</p> <p><b>Pudding</b> Brownie &amp; ice cream</p>