

	WEEK 1	WEEK 2	WEEK 3	WEEK 4
MONDAY	<p>Main Course Chicken, leek & ham pie, potatoes and vegetables</p> <p>Dessert Eton mess</p>	<p>Main Course Chilli con carne & rice, carrots & green beans</p> <p>Dessert Chocolate concrete, custard</p>	<p>Main Course Fajitas with chicken, peppers & sweetcorn</p> <p>Dessert Bread & butter pudding & custard</p>	<p>Main Course Sausage, mashed potatoes, peas, carrots & gravy</p> <p>Dessert Milkshake & cookies</p>
TUESDAY	<p>Main Course Enchilades with beef, broccoli & sweetcorn</p> <p>Dessert Fruit salad</p>	<p>Main Course Fish pie, cauliflower & peas</p> <p>Dessert Jelly & ice cream</p>	<p>Main Course Cowboy casserole, broccoli, green beans & crusty bread</p> <p>Dessert Fruity flapjack & chocolate</p>	<p>Main Course Chicken stew & Yorkshire puddings</p> <p>Dessert Banana loaf</p>
WEDNESDAY	<p>Main Course Cod in parsley sauce, mashed potatoes & peas</p> <p>Dessert Jam & Lemon curd tarts</p>	<p>Main Course Chicken korma, rice & mixed vegetables</p> <p>Dessert Apple cake</p>	<p>Main Course Lasagne, mixed vegetables & garlic bread</p> <p>Dessert Cheese, apple & biscuits</p>	<p>Main Course Mousaka, green beans & cauliflower</p> <p>Dessert Chocolate sponge, custard</p>
THURSDAY	<p>Main Course Savoury minced pork & vegetables with lettuce wraps</p> <p>Dessert Apple pie & custard</p>	<p>Main Course Pasta with 7 hidden vegetables</p> <p>Dessert Rice pudding & shortbread</p>	<p>Main Course Chicken supreme, rice, carrots & cauliflower</p> <p>Dessert Chocolate chip cookies</p>	<p>Main Course Tuna bolognese sauce, gnocchi & garlic bread</p> <p>Dessert Fruit salad</p>
FRIDAY	<p>Main Course Vegetable pasta bake & garlic bread</p> <p>Dessert Butterfly buns</p>	<p>Main Course Pork stroganoff, potato wedges, broccoli & sweetcorn</p> <p>Dessert Jam & cocnut sponge</p>	<p>Main Course Fish fingers, mashed potatoes & baked beans</p> <p>Dessert Fruit salad</p>	<p>Main Course Stir fry beef & vegetables & noodles</p> <p>Dessert Swiss roll & ice cream</p>